

Introduction to Environmental Health and Policy

November 29, 2021

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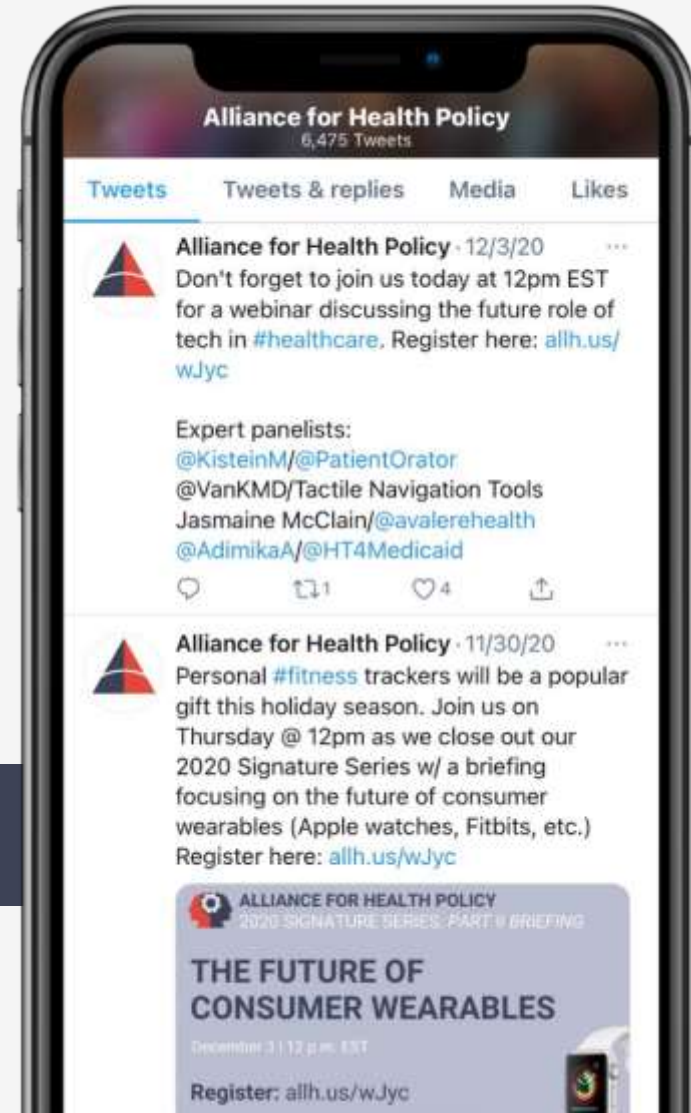


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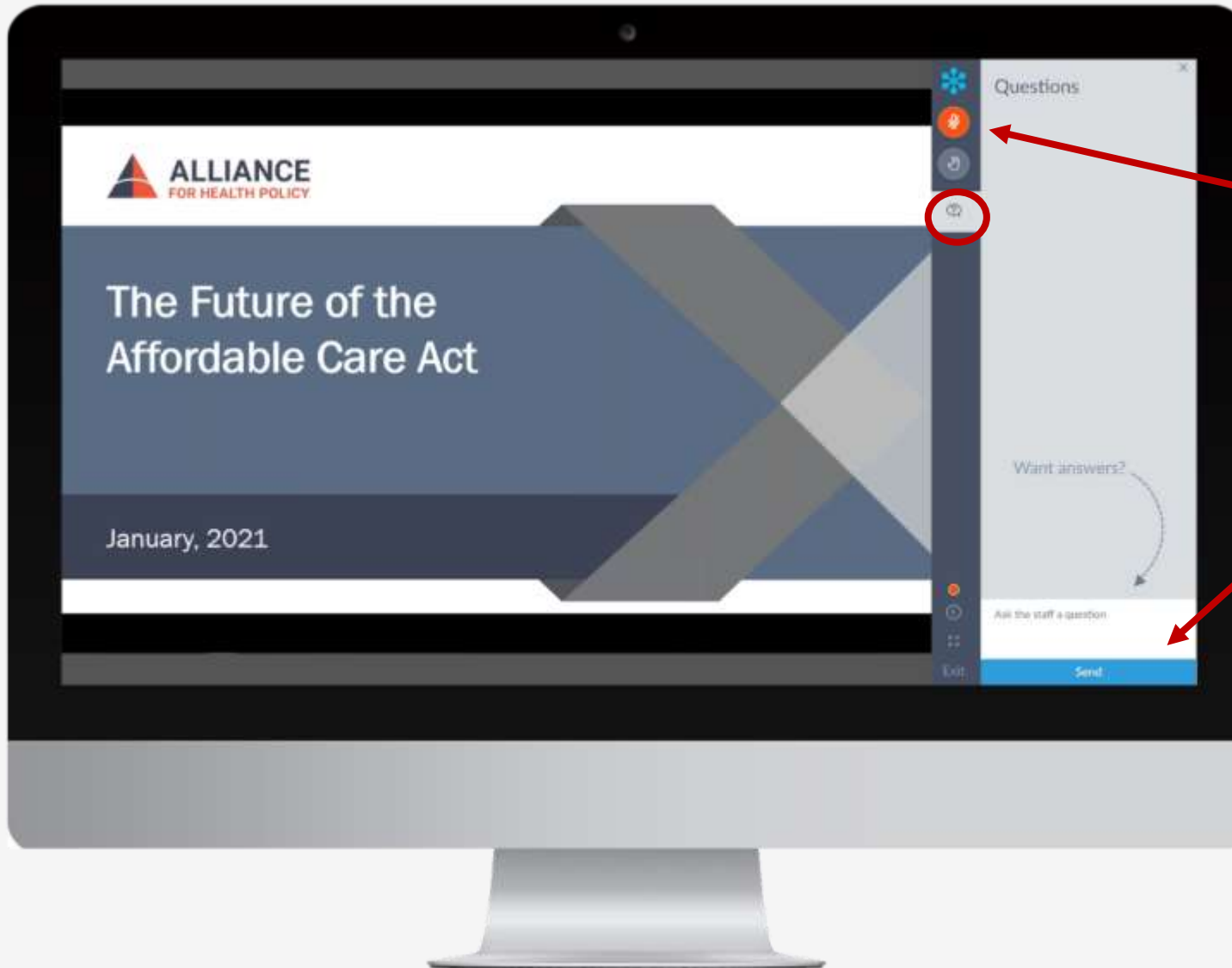


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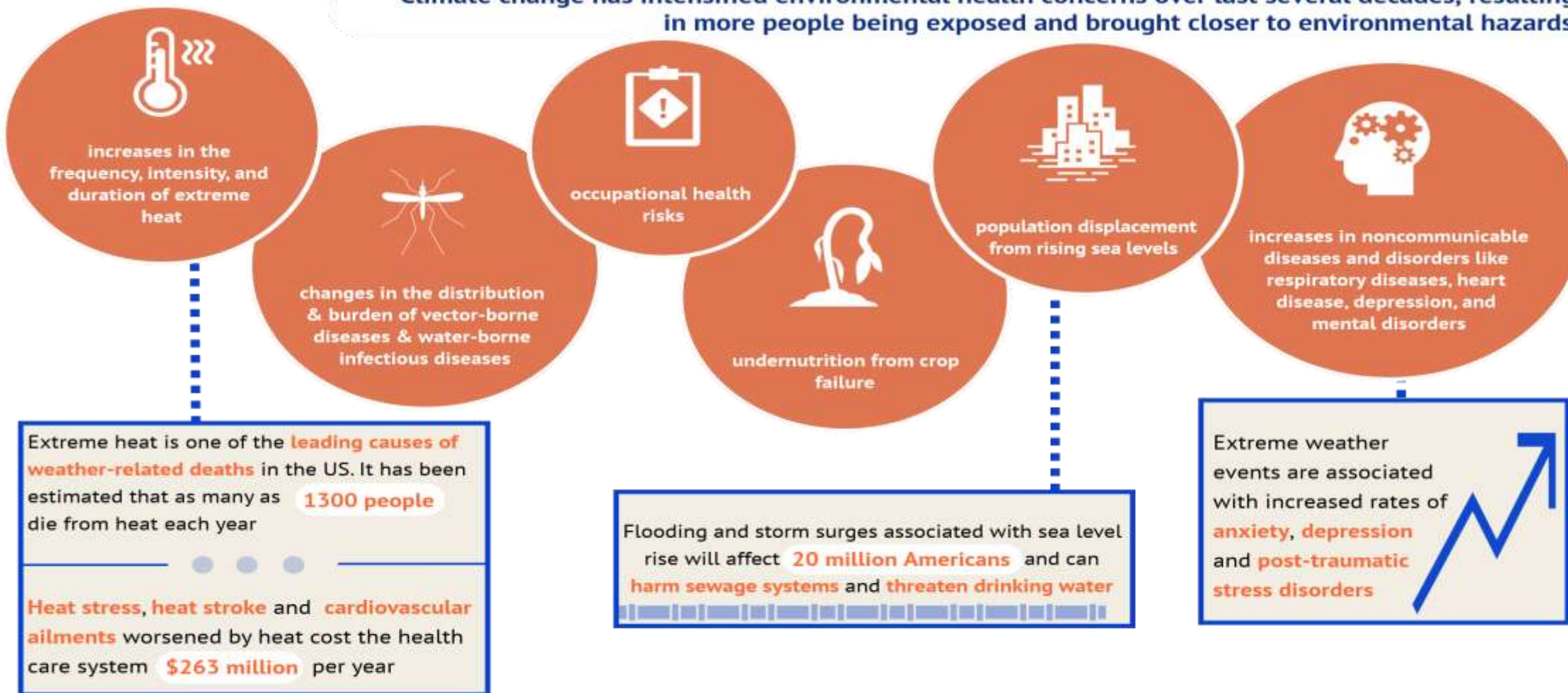
Kathryn Santoro, M.A.

Director of Programming
National Institute for Health Care
Management (NIHCM) Foundation



What are the impacts of a changing environment on human health?

Climate change has intensified environmental health concerns over last several decades, resulting in more people being exposed and brought closer to environmental hazards:



Researchers expect that the health impacts of climate change and the resulting environmental health challenges will be distributed unevenly and preexisting health inequality will be made worse

Panelists



Lynn Goldman, M.D., M.S., MPH

Michael and Lori Milken Dean
George Washington University Milken
Institute School of Public Health



@GWpublichealth



Richard Jackson, M.D., MPH

Professor Emeritus
UCLA Fielding School of Public Health



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Keshia M. Pollack Porter, Ph.D., MPH

Vice Dean for Faculty,
Bloomberg Centennial Professor
John Hopkins Bloomberg School of Public Health



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Moderator





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BLOOMBERG SCHOOL
of PUBLIC HEALTH

Environmental Health Briefing: Introduction to Environmental Health and Policy

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Multisector Influences on Health

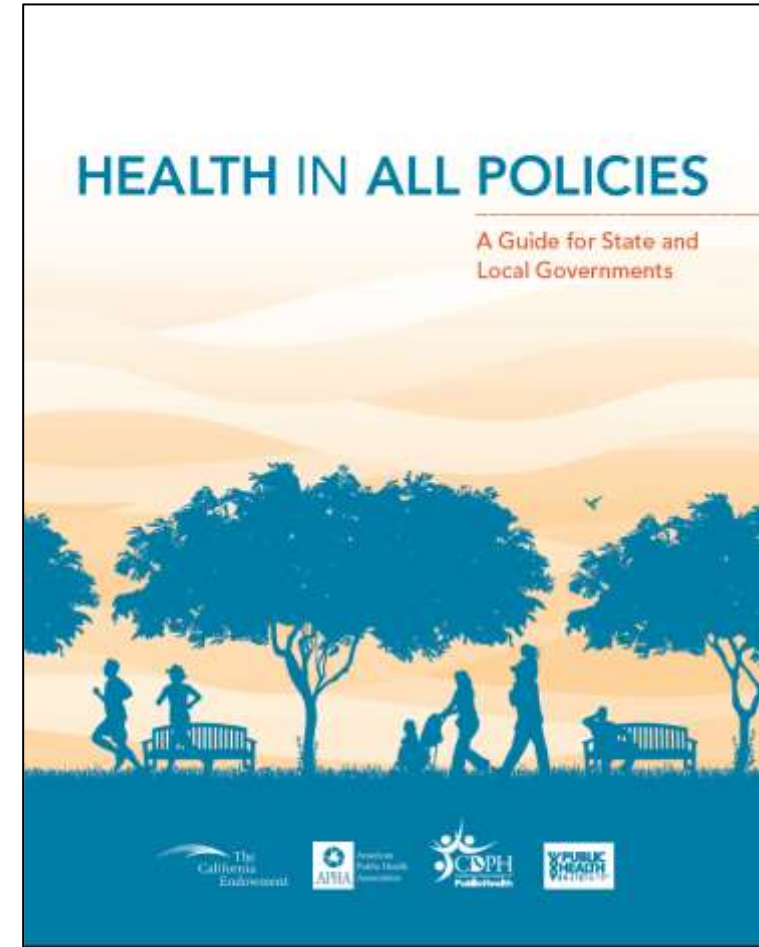


What is Health Equity?



Health in All Policies (HiAP)

- ▶ HiAP is a collaborative approach that involves multiple sections and systematically takes into account the health implication of decisions to improve population health and well-being and health equity
- ▶ Data driven approach
- ▶ Systems level change
- ▶ Seeks synergies and involves collaboration



Tools and Tactics to Achieve HiAP

- ▶ Creating cross-sector government structures
- ▶ Integrating health into planning processes including zoning updates and General Plans
- ▶ Integrating health language into request for proposals (RFPs)
- ▶ Developing health-related grant scoring criteria
- ▶ Using Health Impact Assessment (HIA) and related tools (e.g., health notes)

Examples: Environmental Health in All Policies

- ▶ Housing policy
- ▶ Food policy
- ▶ Water policy
- ▶ Transportation policy





@GWpublichealth

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Environmental Health Policy

Health

- **In 1945, the World Health Organization (WHO) defined health as "a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity."**

Goals of Environmental Health

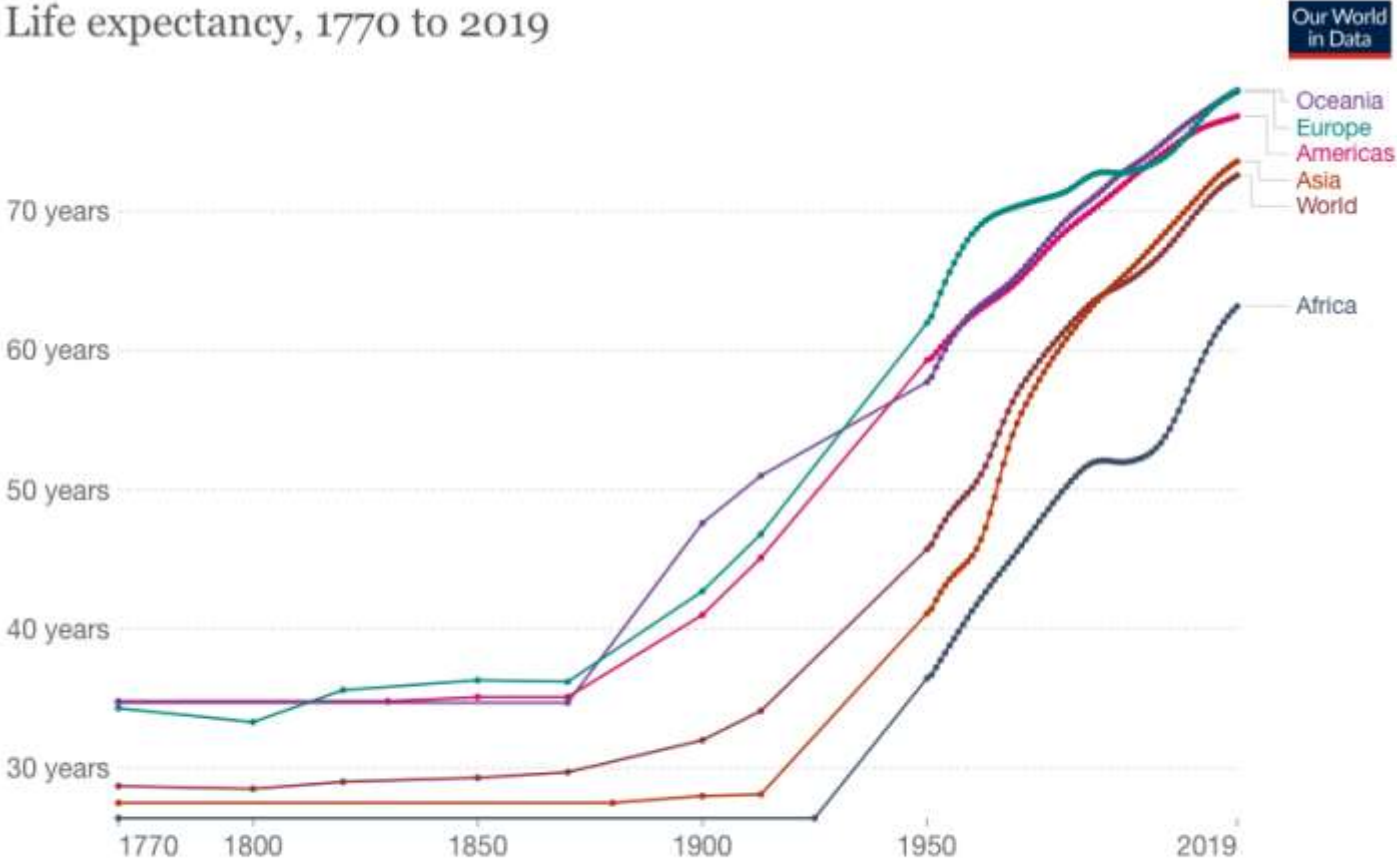
- Establish and maintain a healthy livable environment for humans and other species
- Promote an environment that improves well-being and a high quality of mental health
- Allow the environment to be sustainable for the future, YET, allow a setting for population growth, manufacturing, and agriculture today to thrive

Components of Environmental Health

- Natural environment
- Built environment
- Social environment

Environmental protection prolongs life

Life expectancy, 1770 to 2019



Source: Riley (2005), Clio Infra (2015), and UN Population Division (2019) OurWorldInData.org/life-expectancy • CC BY
Note: Shown is period life expectancy at birth, the average number of years a newborn would live if the pattern of mortality in the given year were to stay the same throughout its life.

Reasons for long-term gains in life expectancy

- Sanitation – thereby reducing death by infectious and other diseases especially infant mortality
- Food – more nutritious and safer food
- Clean air – reduction in air pollution
- Maternal and infant care
- Immunizations
- Antibiotics
- Many other interventions including health care

Some Principles in Environmental Policy

- Prevention as the tool of first resort (or cleanup as a tool of last resort)
- Environmental justice
- Children's health and intergenerational equity
- Ecosystem/community protection
- Considerations of cost, cost effectiveness and who pays (Polluter pays)

Environmental Health Policy Operates at Multiple Levels

- Global – e.g., climate pollution, persistent pollutants
- National – e.g., air pollution, chemicals, pesticides, water, waste
- State & Local
- Nongovernmental – e.g., ESG (Environmental, Social and Governance) policies
- Individual – e.g., household energy use, recycling, consumer choice



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of Public Health

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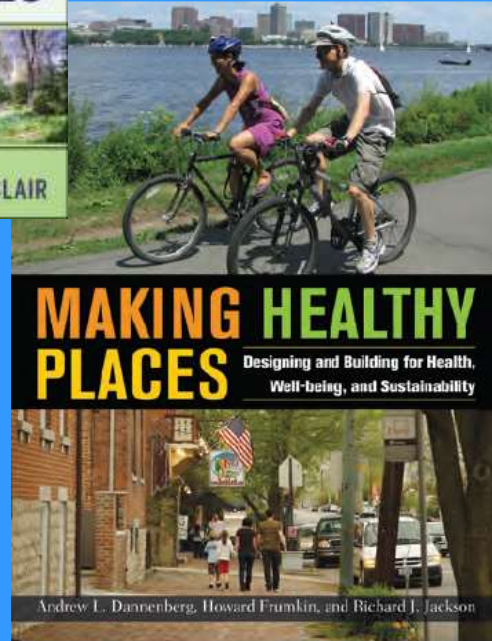
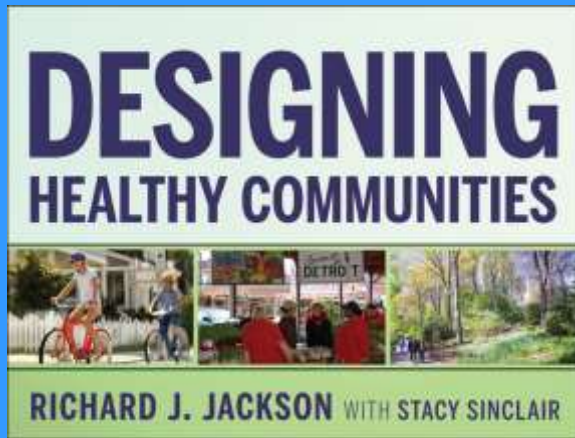
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Alliance for
Health Policy

Lead's Lessons
For
Environmental
Public Health
Policy

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UCLA Fielding School of Public Health

Lecturer, UC Berkeley SPH

November 29, 2021

Institute of Medicine

*The purpose of public health is
to fulfill society's interest in
assuring the conditions in which
people can be healthy*

In the late 1960s Childhood Lead Poisoning was an *Insurmountable* Challenge

- Lead was everywhere
- Only Blood Leads over 60 mcg/dl were thought to be Toxic
- Average Blood Lead in the US was about 22 mcg/dl
- Large Eastern cities ~10 Lead Poisoning Deaths per year
- Many Children In Hospitals for Treatment

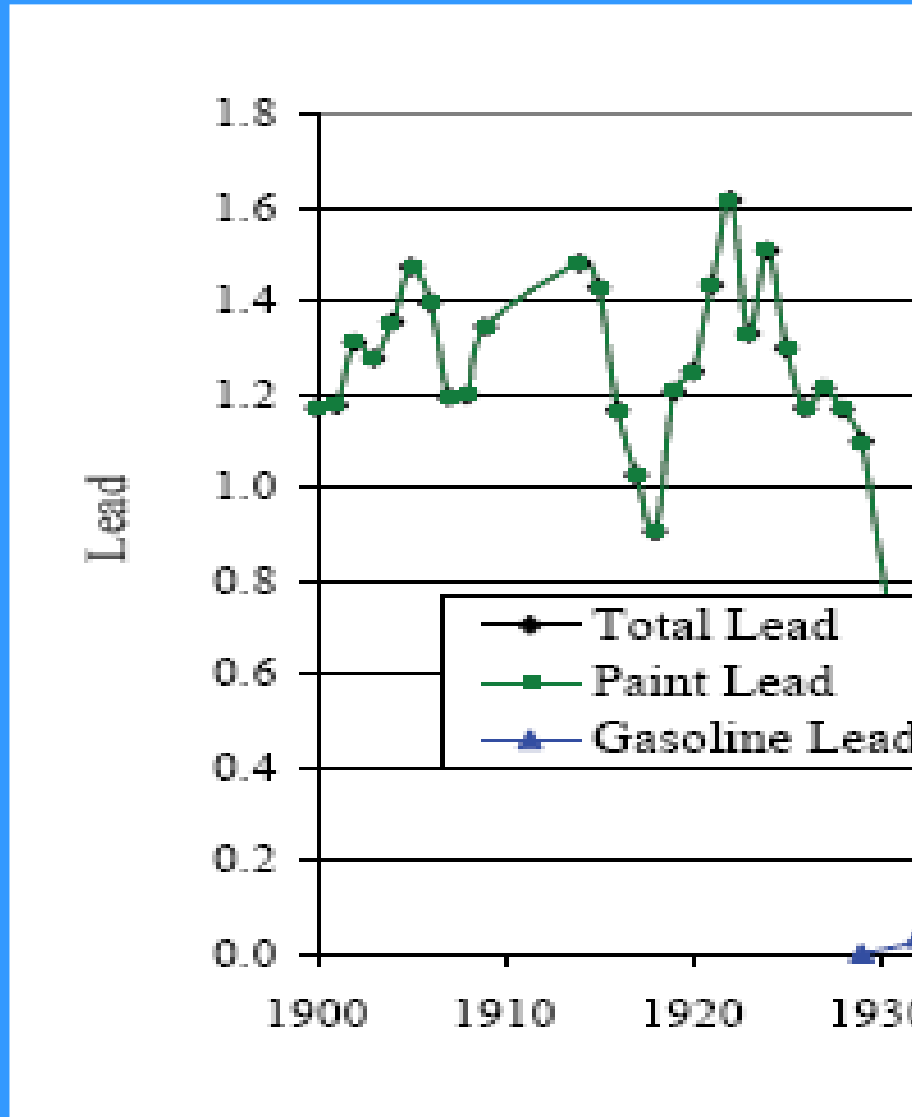


Lead Paint
Especially on Windows and
friction surfaces



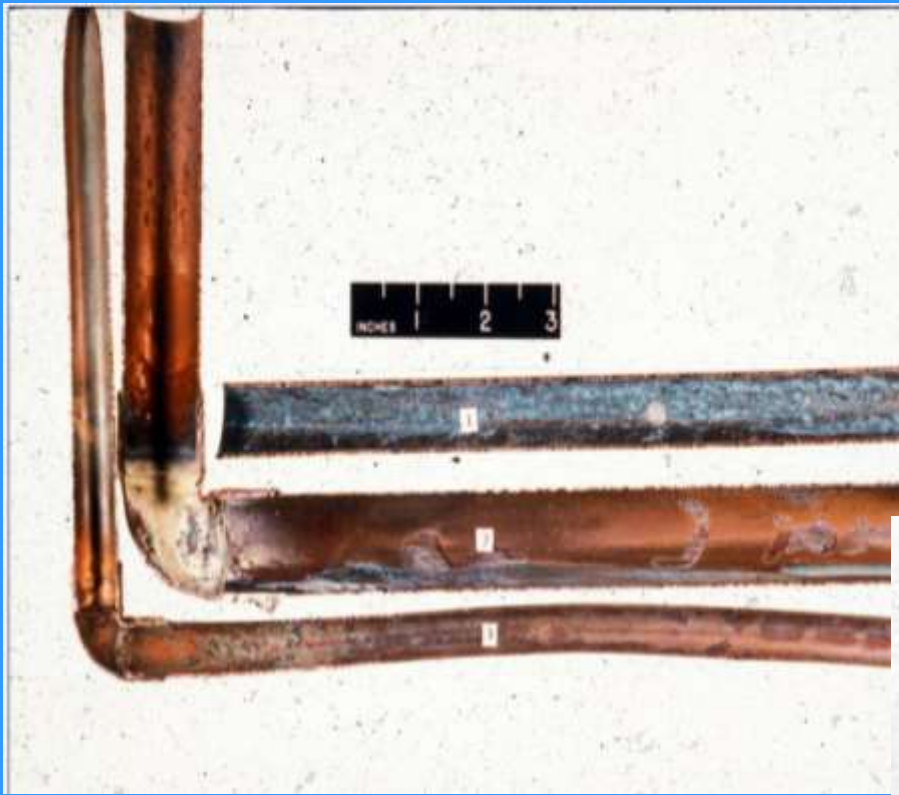
Lead in Paint US 1900-1930

2 pounds of lead
per person
per year
1900-1930



Lead as kilotons of lead per 1 million population.


Sources. U.S. Geological Survey and U.S. Department of the Interior: 1904-1929; Mineral Resources of the U.S.; 1933-1980, Minerals Yearbook; 2001; U.S. Consumption of Lead in Manufacture of Gasoline Additives, 1941-1986.



THE HALL BROS. CHICAGO ILL.

The Drop of Solder...

MILK
EVAPORATED

that puts a Cow  in your Kitchen Cupboard

“Cater to the Children”: The Role of The Lead Industry in a Public Health Tragedy, 1900–1955

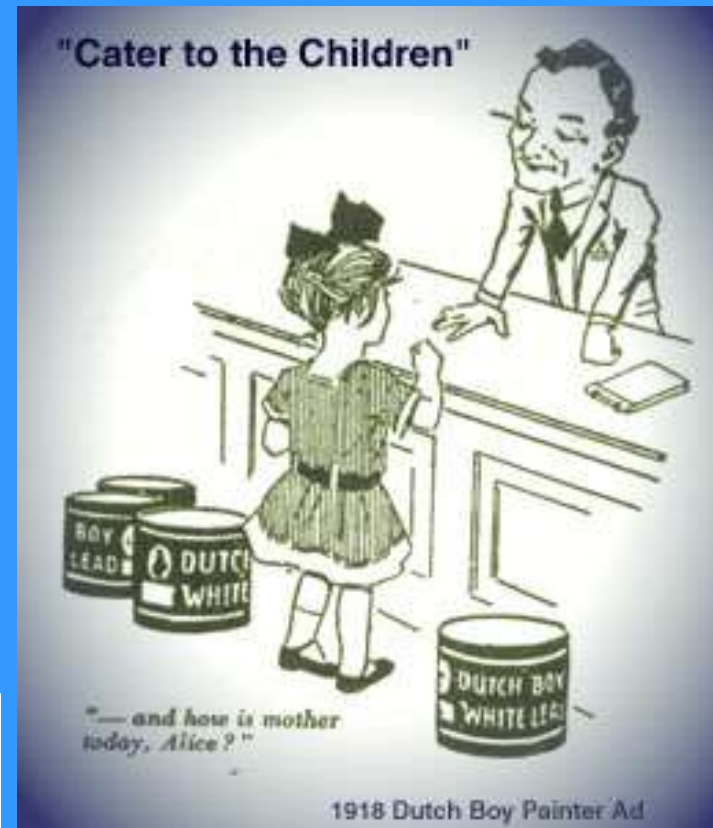
Gerald Markowitz, PhD, and David Rosner, PhD, MSPH

According to the Centers for Disease Control and Prevention, it is estimated that 1 of every 20 children in the United States suffers from subclinical lead poisoning,¹ and a recent article in *Science* argues that “paint appears to be the major source of childhood lead poisoning in the United States.”² Yet it is only during the past 15 years that the history of this tragic situation has been addressed in any detail,^{3,7} primarily through the documentation of childhood health and medicine in the 20th century under the influence of the popular and professional lead paint industry.

own economic interests ahead of the welfare of the nation’s children.

Medical Knowledge of the Dangers of Lead-Based Paint

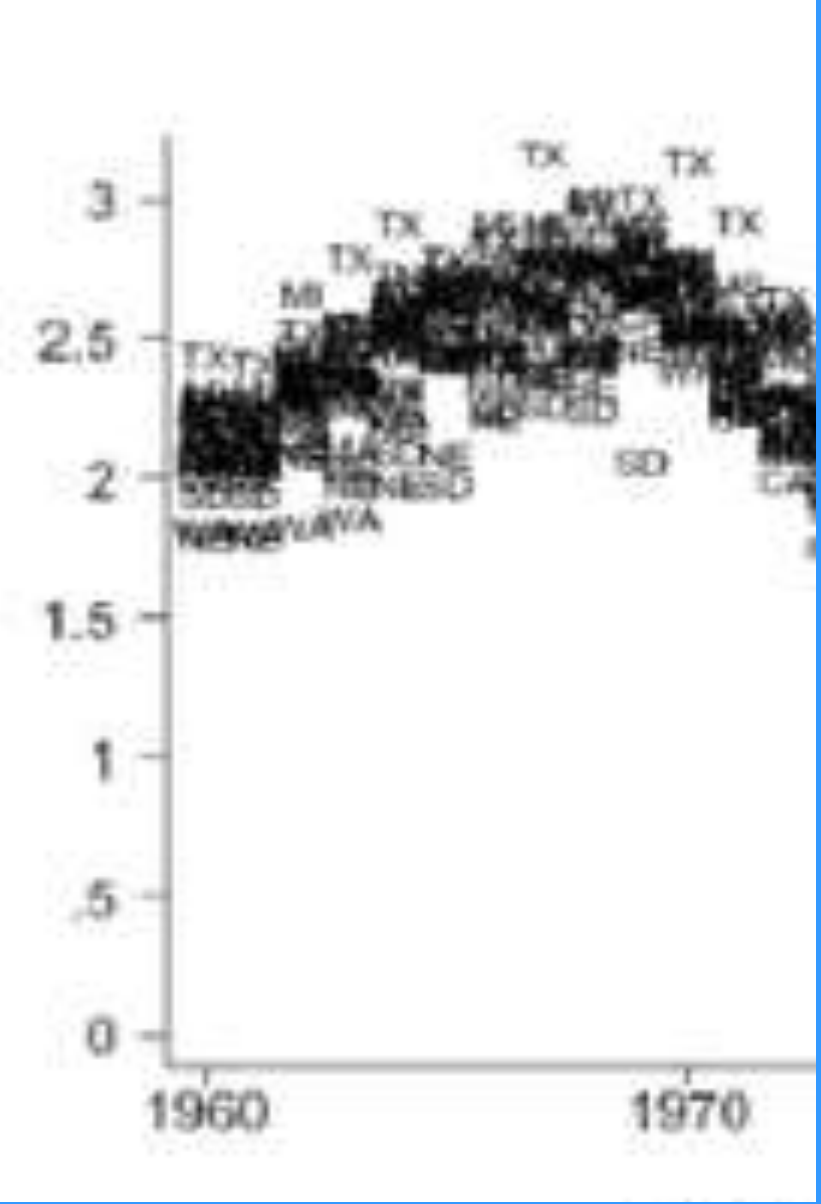
Historians have shown that knowledge of the dangers of lead poisoning to workers and children can be traced back into the 19th century.^{8,9}





Addition of tetraethyl lead at ~2.5 grams per gallon began in the 1930s.
(12 gallons of gasoline had one ounce of lead)

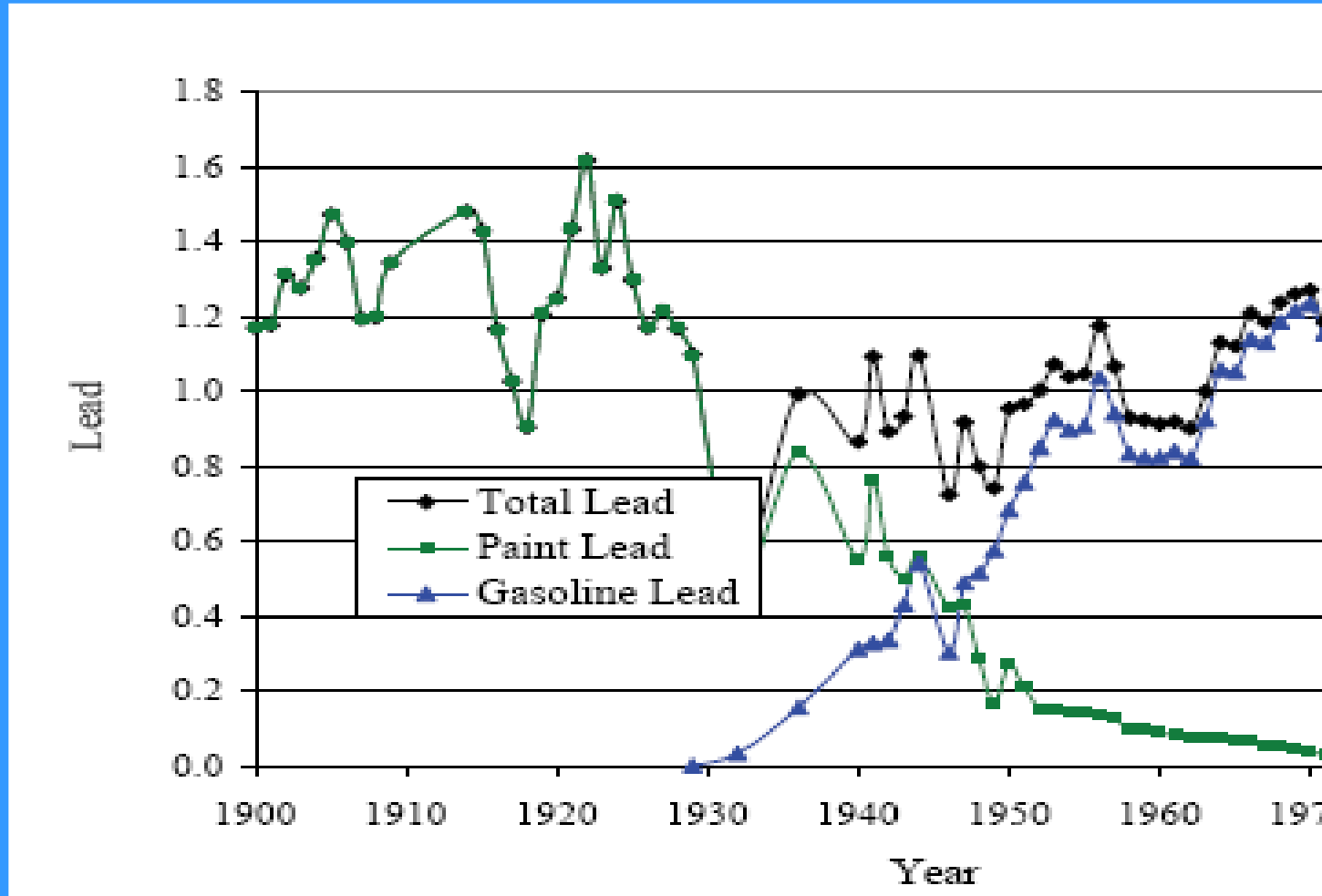
US Gasoline Lead Exposure 1960-1974



e.g. Each year
Texas Used
Six pounds of Lead
in Gasoline
per Texan

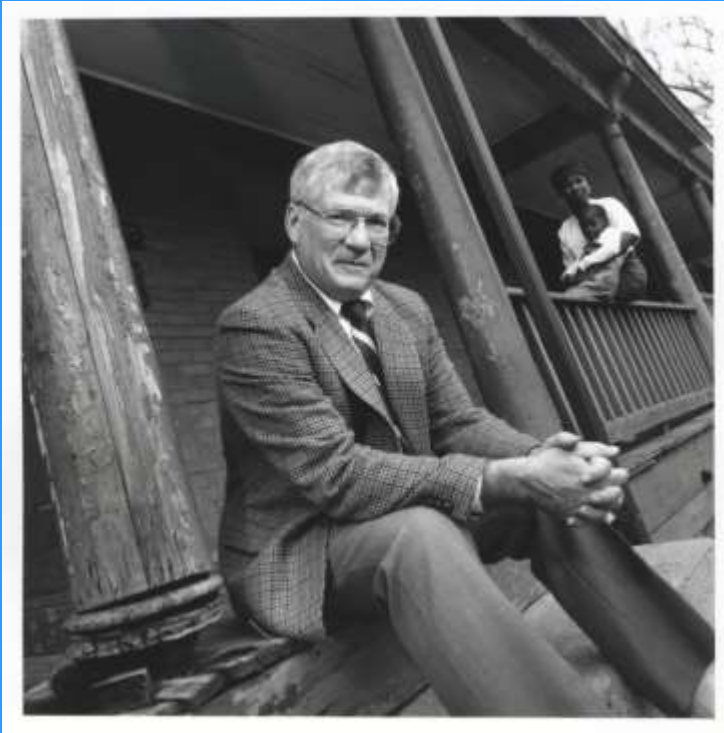
kilotons per million persons
per year by state”

Lead in Paint & Gasoline – US 1900-1970



Lead as kilotons of lead per 1 million population.

Sources. U.S. Geological Survey and U.S. Department of the Interior: 1904-1929; Mineral Resources of the U.S.; 1933-1980, Minerals Yearbook; 2001; U.S. Consumption of Lead in Manufacture of Gasoline Additives, 1941-1986.



Herbert L Needleman MD FAAP
1927 - 2017

Children who had survived
lead poisoning were not
“fine”

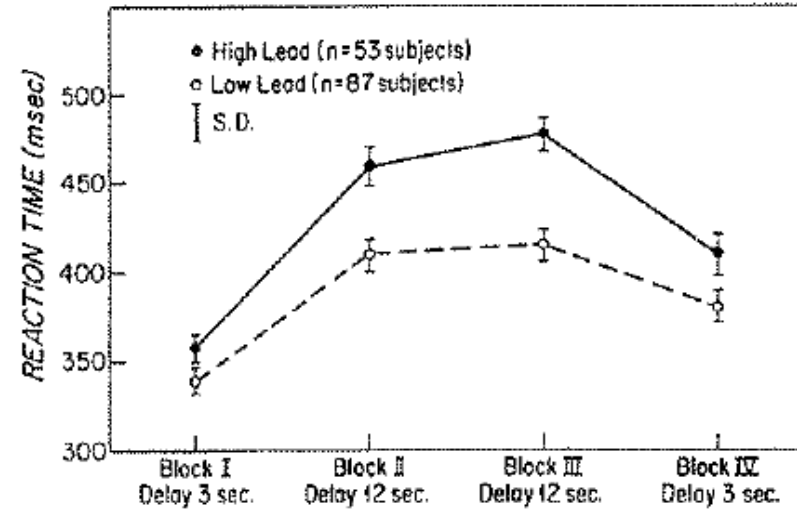


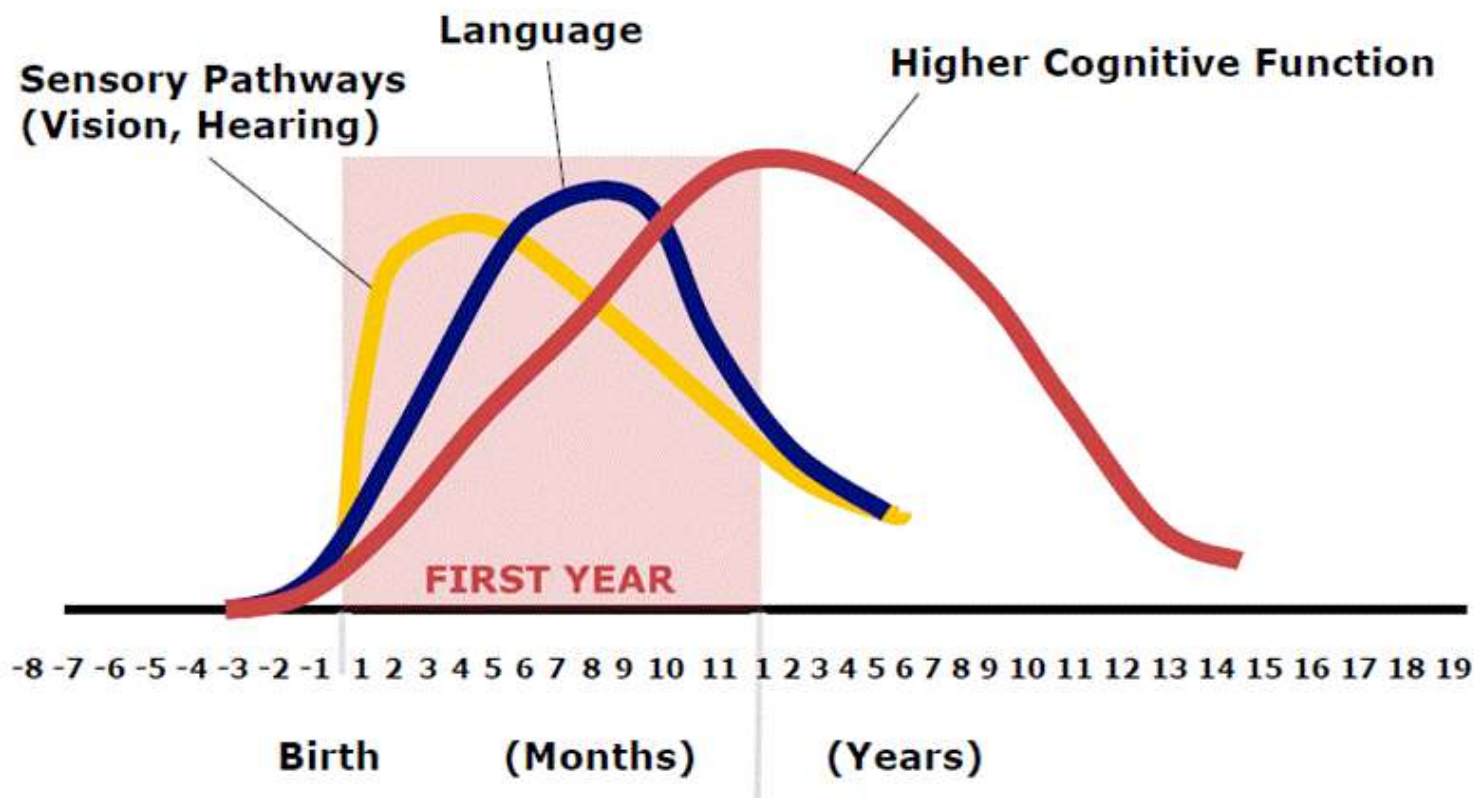
Figure 3. Reaction Time under Varying Intervals of Delay. "Delay 3 sec." indicates a three-second period between a warning signal (the spoken word, "ready") and the onset stimulus. Each subject received six trials in each block.



Human Brain Development

Synapse Formation Dependent on Early Experiences

(700 per second in the early years)



Children Take in More Air, Water and Food Per Pound Than Adults

2 times resting air intake

3 times skin absorption

3 - 4 times food intake

3 times water intake



“Children Are Not Little Adults”

The New England Journal of Medicine

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DEFICITS IN PSYCHOLOGIC AND CLASSROOM PERFORMANCE OF CHILDREN WITH ELEVATED DENTINE LEAD LEVELS

HERBERT L. NEEDLEMAN, M.D., CHARLES GUNNOE, ED.D., ALAN LEVITON, M.D., ROBERT REED, PH.D.,
HENRY PERESIE, PH.D., CORNELIUS MAHER, PH.D., AND PETER BARRETT, B.S.

Abstract To measure the neuropsychologic effects of unidentified childhood exposure to lead, the performance of 58 children with high and 100 with low dentine lead levels was compared. Children with high lead levels scored significantly less well on the Wechsler Intelligence Scale for Children (Revised) than those with low lead levels. This difference was also apparent on verbal subtests, on three other measures of auditory or speech processing and on a measure of attention. Analysis of variance showed that none of these differences could be explained by any of the 39

other variables studied.

Also evaluated by a teachers' questionnaire was the classroom behavior of all children (2146 in number) whose teeth were analyzed. The frequency of non-adaptive classroom behavior increased in a dose-related fashion to dentine lead level. Lead exposure, at doses below those producing symptoms severe enough to be diagnosed clinically, appears to be associated with neuropsychologic deficits that may interfere with classroom performance. (N Engl J Med 300:689-695, 1979)

THE neurotoxic properties of lead at high dose are well known and not a subject of general con-

cern. However, the data from the present study suggest that the children in the dental clinics, schools for the retarded or psychiatric clinics may not be representative of the population in

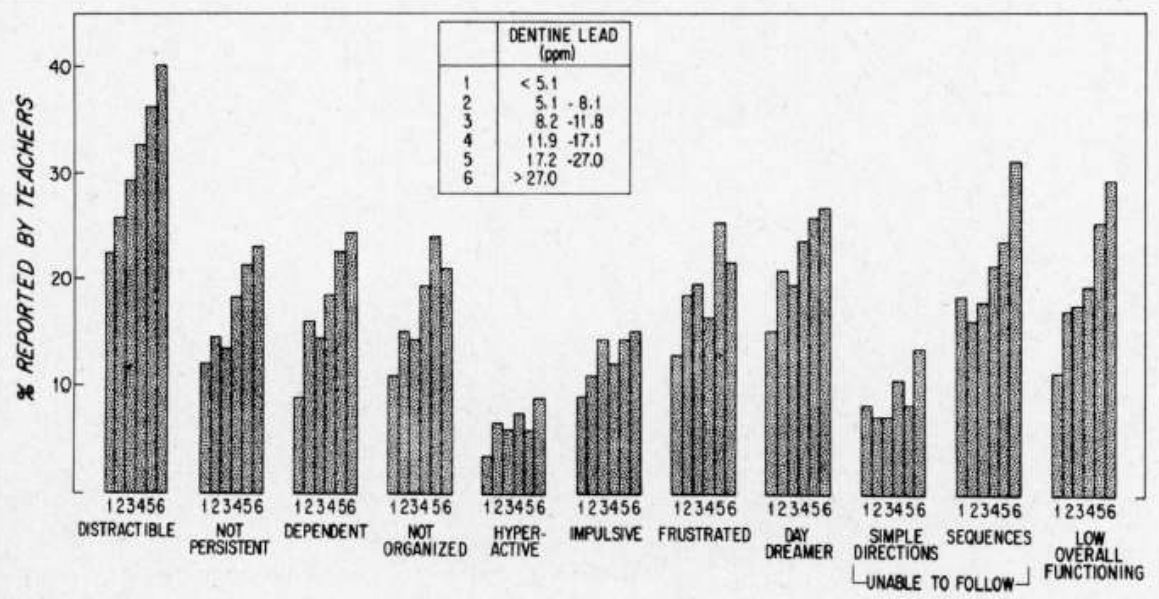
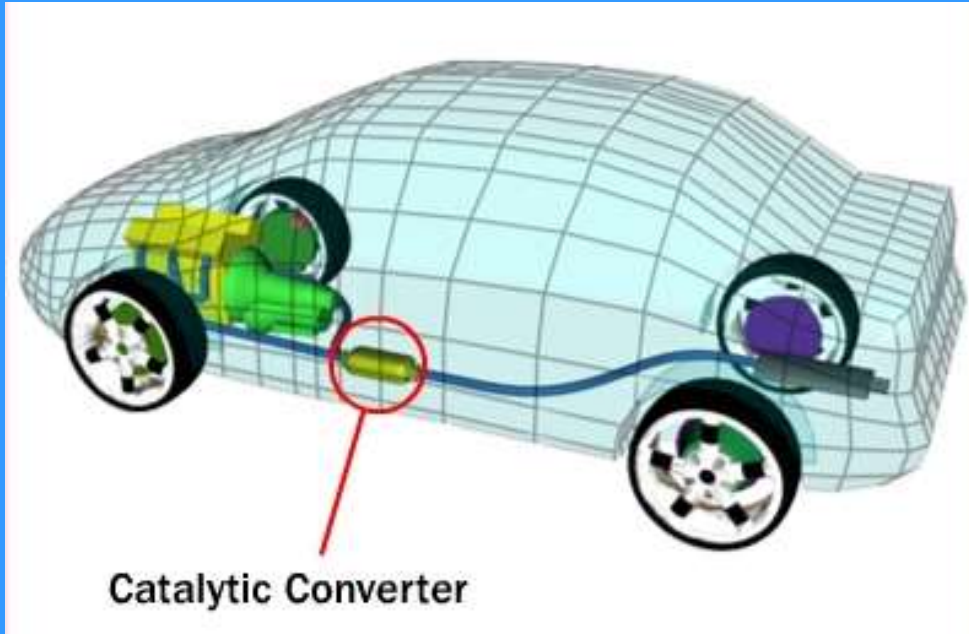


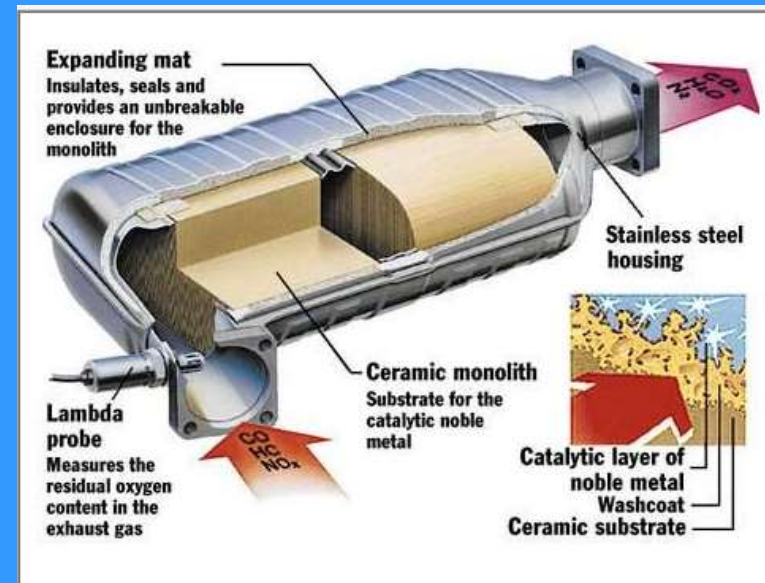
Figure 2. Distribution of Negative Ratings by Teachers on 11 Classroom Behaviors in Relation to Dentine Lead Concentration. The group boundaries were chosen to obtain symmetrical cell sizes for the median (Groups 1 and 6 = 6.8 per cent, Groups 2 and 5 = 17.6 per cent, and Groups 3 and 4 = 25.6 per cent).

Downtown Los Angeles 1960s

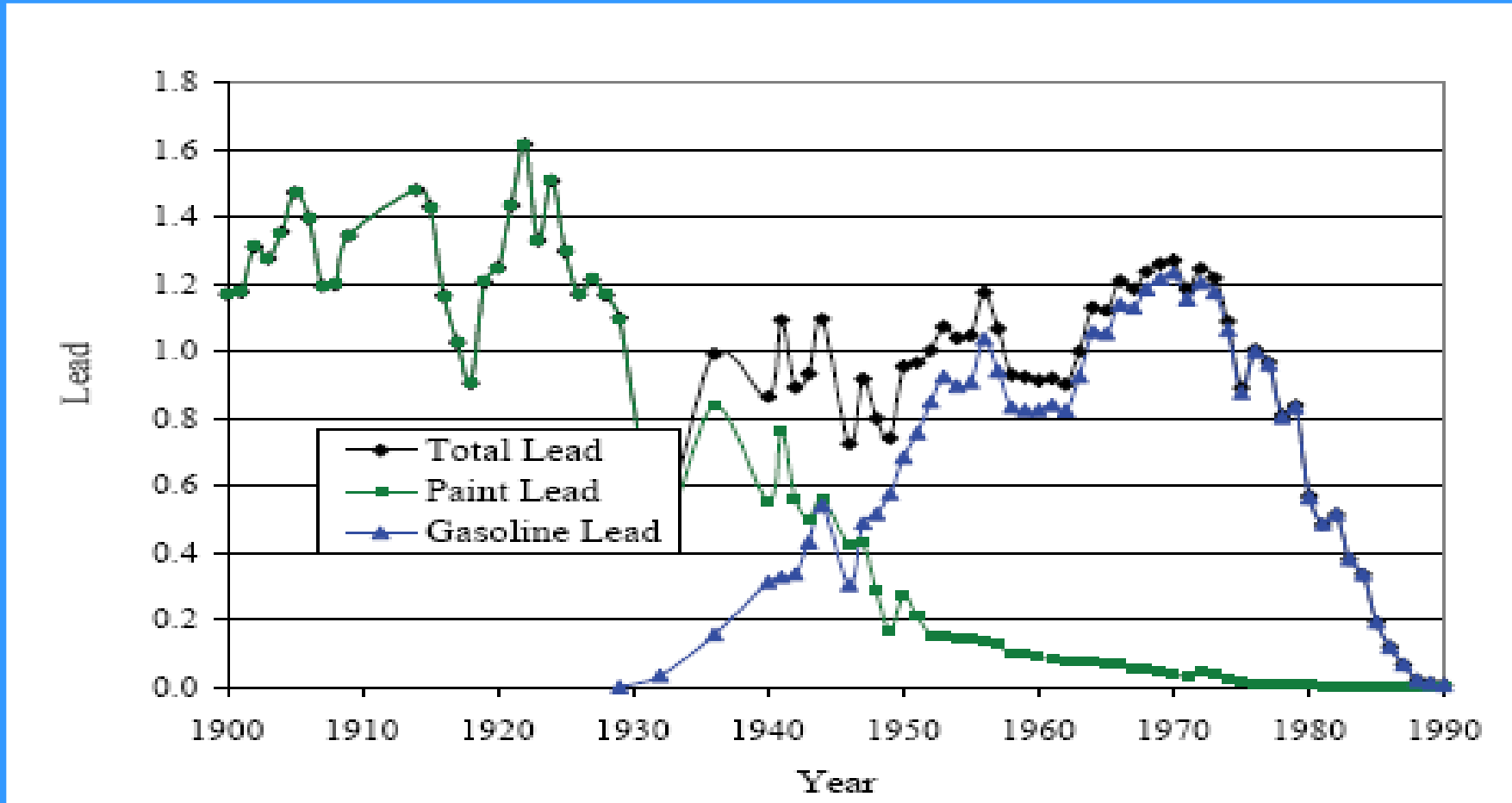




Lead Ruins Catalytic Convertors... California Required Unleaded Gasoline



Lead in Paint & Gasoline – US 1900-1990



Lead as kilotons of lead per 1 million population.

Sources: U.S. Geological Survey and U.S. Department of the Interior: 1904-1929; Mineral Resources of the U.S.; 1933-1980, Minerals Yearbook; 2001; U.S. Consumption of Lead in Manufacture of Gasoline Additives, 1941-1986.

Society Benefits from Preventing Lead Exposure



Source: *Environ Health Perspect* 110:563-569 (2002).

Reducing blood lead levels
by 10 $\mu\text{g}/\text{dL}$ raises IQ by
2.6 (1.9-3.2) points





Economic Value of an IQ Point

\$14,500

(\$12,700 - \$17,200)

(in year 2000 dollars)

Environ Health Perspectives 110:563-569 (2002).

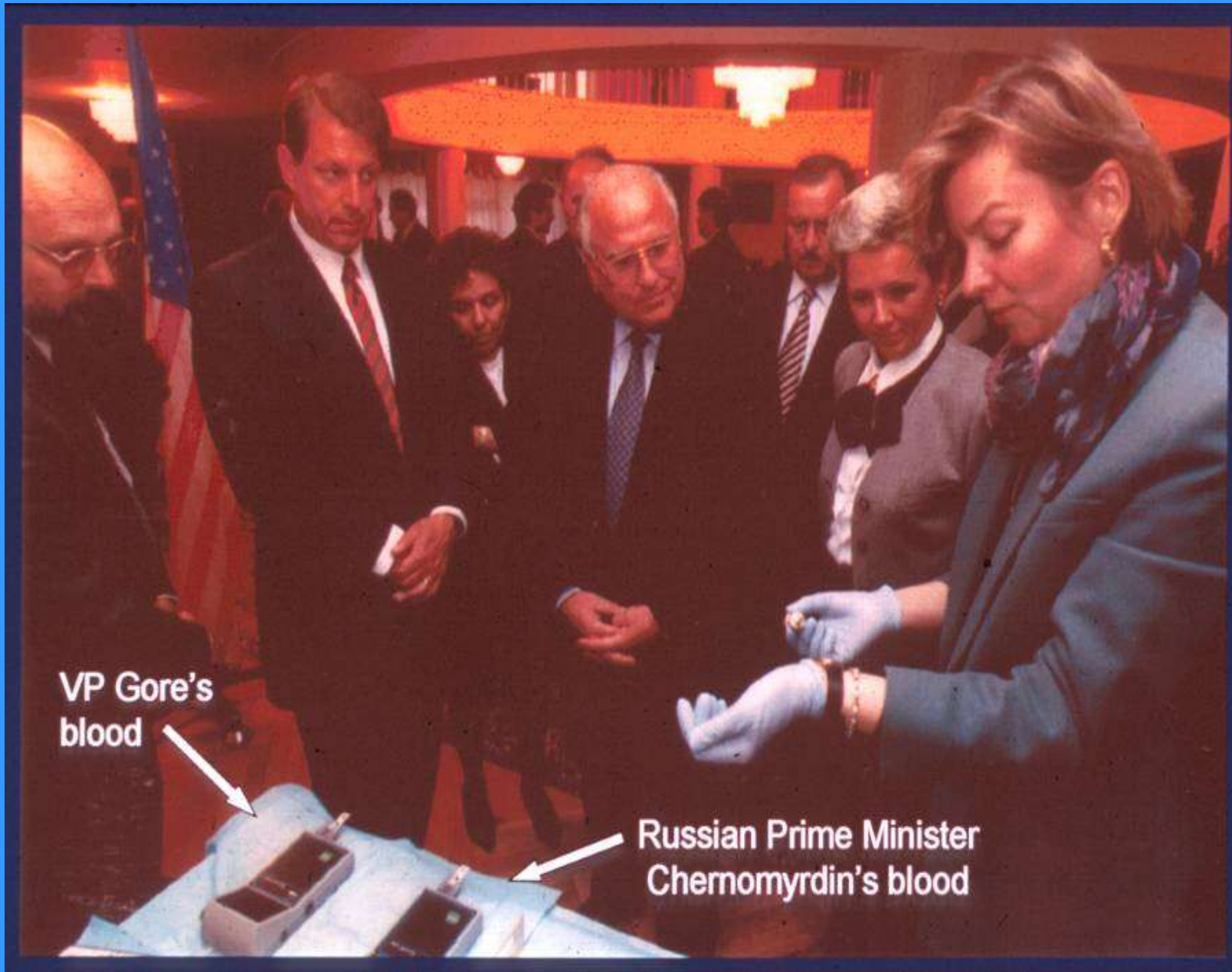
Economic Benefit of Preventing Lead Exposure in U.S. Cohort

Annual cohort of children reaching age 2:
3.8 million

Estimated benefit per each year's cohort:
\$213 billion

(\$110 - \$318 billion)





These data convinced governments to cease using leaded gasoline

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Upcoming Event

NOV
30

Polycymaking to Support the Health of Native American People

12:00 pm – 1:00 pm ET

<https://register.gotowebinar.com/register/7354711762322236429>



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